

Date: Tuesday 23 September 2014
Time: 9.30am
Meeting Room: Local Board Chambers
Venue: Pukekohe Service Centre
82 Manukau Road
Pukekohe

Franklin Local Board

OPEN MINUTE ITEM ATTACHMENTS

ITEM	TABLE OF CONTENTS	PAGE
9.1	Waiuku Rugby League Club	
	A. Waiuku Rugby League - Tabled Information	3
C1	Potential land options for open space at Waiuku	
	A. Report restated to open section of minutes	7

Page 1 of 1

Grace

From: "Tony Tietie"
Date: Friday, 15 August 2014 9:10 p.m.
To:
Attach: Coaching Program for Schools.pdf
Subject: T3 Sport & Team League Training Program

Hi Ian

Tony Tietie here from T3 Sport & Team, an exciting new sports company that delivers quality and affordable apparel, coaching and health solutions to clubs, schools and teams - TEAMWEAR, TRAINING and TOTAL BODY.

Through a chance meeting with Grace Van Den Brink from Waiuku Rugby League, I discovered that she was trying to provide a league-based training program to the kids at yours and other local primary schools. She told me about the issues she was having with a lack of support from potential coaches and also a lack of experiential knowledge around the basics which led to conversations about my core business. We met with Mike Clune yesterday to discuss what exactly T3 Sport & Team can offer View Rd and he has referred me to you.

T3 can provide qualified expert training through a dedicated 6-wk program which will offer your pupils a number of benefits including

- Improved basic skills and knowledge of Rugby League
- Understanding of the game leading to enjoyment
- Safety through coaching of proper technique
- Physical activity
- Putting those newly learnt skills to the test in a game situation against another school

The other added bonus of this program is another core part of the T3 business - Health. With a fully qualified and proven nutritionist on board we have built in a 20-min session on good eating and how it works with physical activity to provide better healthy lifestyles.

I am aware that after today there 6 more weeks in the term. I would be keen to start this program on the week beginning 8th Sep but maybe running on Fridays as is currently happening. Then finish the program in the first 3 weeks of the last term.

I am free to meet and am in Waiuku on Monday if you would like to catch up around specifics of the program and the costs involved. My number is [redacted] hopefully we can talk soon. I have attached the proposed program for your perusal.

Thanks

Tony Tietie

23/09/2014



Look good, Play better, Live well

Coaching Program for Schools

This training program is designed to increase knowledge and understanding and therefore better enjoyment in the sport of Rugby League. It is based upon the training programs implemented by NZRL for all levels including Mini, Mod and International rugby league and the facilitator is a qualified and credentialed coach in the sport. However this program and all the pertaining information remains the property of T3 Sport & Team.

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Introductions (10 min) <ul style="list-style-type: none"> Course outline Catch–Pass–Carry (15 min) <ul style="list-style-type: none"> Focus on pass tech Focus on Catch tech 1:1's Groups Con Game (5 min) <ul style="list-style-type: none"> Ball Square Carry (10 min) <ul style="list-style-type: none"> Line Passing Con Game (10 min) <ul style="list-style-type: none"> Ball Tag 	Warm-up (5 min) <ul style="list-style-type: none"> Ball Tag Review Catch-Pass (5 min) Play The Ball (10 min) <ul style="list-style-type: none"> Go through 5 steps: <ul style="list-style-type: none"> Prone-Snap-Sweep-Stand-Roll In groups of 3-5 Moving up field in groups (10 min) PTB Grid (10 min) <ul style="list-style-type: none"> Use Mini/Mod rules ie 2-pass then PTB 	Warm-up (5 min) <ul style="list-style-type: none"> Ball Square Review PTB (5 min) Defence (20 min) <ul style="list-style-type: none"> Focus on tech Tackle tech 1-1 Tackle tech 2-1 If it outside, all drills on knees Con Game (10 min) <ul style="list-style-type: none"> 1:1 Squares Con Game (10 min) <ul style="list-style-type: none"> Defensive Y using side-on tackle tech 	Warm up (5 min) <ul style="list-style-type: none"> Touch Review Defence (5 min) Evasion (10 min) <ul style="list-style-type: none"> Through the cones Through the poles Ladders Con Game (5 min) <ul style="list-style-type: none"> Tag Bullrush Hit and Spin (10 min) Con Game (5 min) <ul style="list-style-type: none"> 2 ball 	Warm up (5 min) <ul style="list-style-type: none"> Kick Tennis Review program (15 min) <ul style="list-style-type: none"> Pass-Catch-Carry PTB Defence Evasion Defensive Grid (15 min) Con Games x 2 (10 min) <ul style="list-style-type: none"> 2 v 3 2 ball Full review (10 min) <ul style="list-style-type: none"> Discuss rules of the game ie, Mini/Mod Rules 	Nutrition Talk (25 min) <ul style="list-style-type: none"> Lighthouse Nutritionists Game (30 min)
Required Resources					
Mini/Mod balls Domes	Mini/Mod balls. Domes/Cones	Mini/Mod balls Domes/Cones Hit Shields/Pads Mouthguards	Mini/Mod balls Domes/Cones Poles Ladders Hit Shields/Pads	Mini/Mod balls Domes/Cones Hit Shields/Pads	Mini/Mod balls Domes/Cones Poles for field marking



The poster features the New Zealand Rugby League logo at the top left, which includes a kiwi bird and the text 'NEW ZEALAND RUGBY LEAGUE'. Below the logo is the slogan 'More than just a game'. The main title 'THE RUGBY LEAGUE PLEDGE' is prominently displayed in large, bold, white letters. Below the title, there are four bullet points: 'I am committed to growing Rugby League in New Zealand.', 'I will do my best to improve the image of our game, as such I am committed to only positive behaviours on our fields and sidelines.', 'The safety and enjoyment of all who participate in our game is my first priority.', and 'I will respect the traditions of our game, I will play hard and I will play fair in any role that I have, and I will always act with honour both on and off the field.' The background of the poster is a dark, high-contrast photograph of a player in a white jersey with a 'RUGBY LEAGUE' patch on the sleeve. At the bottom, there are five columns, each with a header and a small image: 'INTEGRITY' (image of a player's face), 'RESPECT' (image of a player running), 'LEADERSHIP' (image of a player being tackled), 'COURAGE' (image of a player in a white jersey), and 'PASSION' (image of a crowd). Below each image is a short, descriptive sentence.

THE RUGBY LEAGUE PLEDGE

- I am committed to growing Rugby League in New Zealand.
- I will do my best to improve the image of our game, as such I am committed to only positive behaviours on our fields and sidelines.
- The safety and enjoyment of all who participate in our game is my first priority.
- I will respect the traditions of our game, I will play hard and I will play fair in any role that I have, and I will always act with honour both on and off the field.

INTEGRITY **RESPECT** **LEADERSHIP** **COURAGE** **PASSION**

Integrity is everything we do.

Earning and giving respect.

Leadership: look for the top down, and make it happen from the ground up.

We will have the courage to think differently.

Rising programs, accomplished without selfish.

Item 9.1

Attachment A

NEW ZEALAND RUGBY LEAGUE
More than just a game

Alcohol & Smokefree Sidelines & Carparks

To grow our game we must improve our image
Please do not drink or smoke on sidelines and carpark areas.

For your club, for your game
If you are going to drink, do it in the club or in the controlled areas.
Money over the bar helps our clubs stay alive.

For your family
Ease up on the drink. Not the tackle!

You are the key in growing this great game of Rugby League!
You can make a difference!