

Parkinson's New Zealand

Legal status:	Charitable Trust	Activity focus: Community
Conflicts of interest:	None identified	

Project: Parkinson's Community Educator service

Location:	7a Taylors Road Sandringham is the address of our Auckland office; however, our Educators are mobile		
Summary:	Parkinson's New Zealand provides a free and accessible Parkinson's Community Educator service. There are six Community Educators across Auckland. They provide support, education and information, and empower people to make informed decisions about living with Parkinson's. Our educators provide home visits, coordinate support groups and facilitate access to specifically tailored exercise therapies.		
Dates:	02/11/2018 - 01/11/2019	Rain dates:	-
People delivering:	6	People reached:	1000
% of participants from Local Board	2%		
Promotion:	<p>Our goal is to get people the right information at the right time to help build understanding of health information and health services and reduce the demands that are placed on people with Parkinson's, their families and carers. We supply information about our Community Educator Service and the support that we provide through our:</p> <ol style="list-style-type: none"> 1. 0800 number; 2. website; 3. social media; and 4. publications. <p>Our publications are distributed to community health organisations, such as Medical Centres.</p> <p>We also raise awareness of our services through campaigns such as Awareness Week</p>		

Community benefits

Identified need:

It was a need for information, education and support that first led to the establishment of Parkinson's New Zealand over 30 years ago. Without a cure and little medical advancement, our services are still needed. New Zealand's ageing population means demand for our services will only grow. A 2017 study by the New Zealand Brain Research Institute predicts that the number of people with Parkinson's in New Zealand will double in the next 25 years. Other indicators for the need for our services are:

- Engagement with our service has nearly tripled in the last 5 years;
- Annual client satisfaction and service evaluation surveys have told us that our services are vital; and

- Stakeholder engagement and feedback.

Identified community outcomes:

Three outcomes we want to achieve that will benefit people engaging with our service are:

1. Enhanced community participation by people living with Parkinson's and their carers through increased involvement in a growing range of peer support groups.
2. Improved physical health and mental well-being resulting in reduced isolation through connection with peers at support groups. Within this, we want to see increased levels of confidence and self-esteem for people living with Parkinson's through positive interactions with Community Educators. Earlier identification of symptoms and medication side effects also serves to improve people's well-being.
3. Improved self-management, reducing the burden on the public health system. The estimated cost savings to the New Zealand health system of our Parkinson's Community Educator service is between NZD \$1-2 million per year. This is through fewer specialist appointments, avoidable hospital admissions and a reduction in time spent in hospitals. (Source: Parkinson's Australia 2014: Parkinson's Nurse Specialist Paper). Optimised self-management also serves to increase the capacity for paid employment, enabling increased contribution to the local economy. Another flow on benefit of this is that people with Parkinson's are able to stay in their homes longer, aligning our services with the New Zealand Positive Ageing Strategy.

Alignment with local board priorities:

community elders – meeting the needs of the ageing population

Our East Auckland Parkinson's Community Educator service supports Waiheke to meet the needs of the ageing population. While Parkinson's can affect any body at any age, it is an age-dependent disorder, meaning that incidence is much higher in our elderly population. Our service provides quality resources to people with Parkinson's, their carer's, whānau and healthcare professionals. We also coordinate regular social and support groups as well as special events and awareness activities.

Collaborating organisation/individual	Role
Lynette Jackson - Flex physio Sports & Rehab	Leads Parkinson's specific exercise classes
Lisa Gombinsky – Counterpunch	Leads Counterpunch classes
Malisa Ng	Leads Tai Chi in East Auckland
Auckland Hospital	Movement Disorder Nurses
The University of Auckland	Consultation
Home Health Care Support Services	OT, PT, SLT, Dietician & Continence Services
Age Concern	Support and advice
Howick Presbyterian Church	Exercise classes venue
Howick Baptist Senior Living Care & Village	Support their residents / do training for their workers
Radius Care	Support their residents / do training for their workers
Bruce McLaren	Support their residents / do training for their workers
Gulf Views Rest Home	Support their residents / do training for their workers
AT&R (Accident, Treatment & Rehabilitation) Middlemore Hospital	Treatment and referrals
Mental Health Services for Older People	Treatment and referrals

Needs Assessment Service & Co-ordination Service	Treatment and referrals
STADA	Advice and information about medication
Totara Hospice	Palliative care of clients
Asian Network Incorporated Society	Cultural guidance and advice
Shanti Niwas Charitable Trust	Cultural guidance and advice
Korean Positive Ageing	Cultural guidance and advice
Counties-Manukau District Health Board	Training staff and supporting mutual clients/patients
Auckland District Health Board	Training staff and supporting mutual clients/patients
Waitemata District Health Board	Training staff and supporting mutual clients/patients
Auckland University of Technology	Student clinics and participating in studies
Massey University Auckland	Student clinics and participating in studies
Citizen's Advice Bureau	Various, depending on need
Beneficiaries Advocacy Services	Advocacy for low-income clients
Geneva Healthcare	Support their residents / do training for their workers
Enliven	Support their residents / do training for their workers
Vision West	Support their residents / do training for their workers
Life +	Support their residents / do training for their workers
Care on Call	Support their residents / do training for their workers
Tzu-Chi Foundation	Support at monthly meetings

Demographics

Māori outcomes:	N/A
Accessible to people with disabilities	<p>Yes - Parkinson's is a progressive neurodegenerative condition with no cure. More than 10,000 people have Parkinson's in New Zealand, with between 800 and 1,000 people newly diagnosed each year.</p> <p>Parkinson's is a life-time degenerative condition with the most common symptoms being tremor, stiffness and slowness of movement. It also impacts on people's thought patterns and emotions and can affect their ability to communicate.</p> <p>Our services are accessible to people with disabilities because they are designed specifically for people with disabilities. Our home visits in particular are designed to remove barriers to accessing our service.</p>
Target ethnic groups:	All/everyone
Promoting SmokeFree:	All of our events and classes are smoke-free. Our educators encourage our clients to be smoke-free.
Zero waste minimisation	N/A

Percentage of males targeted	Percentage of females targeted	All - not targeted male/female
%	%	100%

0-5 years	< 15 years	15-24 years	25-44 years	45-64 years	>65 years	All ages
%	%	%	10%	%	90%	%

Financial information

Amount requested: **\$55500.00**

Requesting grant for: We are requesting funding to contribute to the salaries of our six Auckland Parkinson's Community Educators.

If part funded, how would you make up the difference:

If only part of our project can be funded, we would make up the difference by applying to other funders, for example: Estate of Ernest Hyam Davis & The Ted and Mollie Carr Endowment - \$60,000.00

Cost of participation: In general, access to the service is free. Some specific activities have costs/koha attached to them. Membership is optional and is a \$40 annual fee per family

Total expenditure	Total income	Other grants approved	Applicant contribution
\$210,080.00	\$61,032.18	\$92,198.00	\$2,400.00

Expenditure item	Amount
Central Auckland Parkinson's Community Educator (Puketāpapa)	\$51,376.00
Rodney Parkinson's Community Educator (Hibiscus and Bays)	\$29,120.00
North Shore Parkinson's Community Educator (Devonport-Takapuna)	\$33,800.00
East Auckland Parkinson's Community Educator (Waiheke & Howick)	\$27,040.00
West Auckland Parkinson's Community Educator (Henderson-Massey & Waitākere Ranges)	\$34,944.00
South Auckland Parkinson's Community Educator (Ōtara-Papatoetoe)	\$33,800.00

Income description	Amount
In Memoriam	\$3,000.00
Fundraising Income	\$5,000.00
Appeal Income	\$2,000.00
General Donations	\$15,000.00
Tulip Bulbs sales	\$7,000.00
Theatre Event	\$2,300.00
Lakeside Villas Income	\$732.18.00
Membership Subscriptions	\$26,000.00

Other funding sources	Amount	Current Status
The Rehabilitation Welfare Trust	\$3,000.00	Pending
The Trusts Community Foundation	\$25,636.00	Pending
Mt Wellington Foundation	\$5,000.00	Approved
Akarana Community Trust	\$8,450.00	Approved
The Southern Trust	\$8,450.00	Approved
Community Organisation Grants Scheme	\$11,662.00	Approved
Grassroots Trust	\$5,000.00	Pending
Louisa & Patrick Emmett Murphy Foundation	\$25,000.00	Pending

Donated materials	Amount
None Identified	\$0.00

Total number volunteer hours	Total number specialised volunteer hours	Amount
282	576	\$17,631.90

Funding history

Application ID	Project title Round - Stage	Decision Allocation
No previous funding history		