

Feedback from the workshops at the Seniors Forum held on 25 March 2019

Group 1 and 2 combined

Question 1. What do you think about the whole idea – what works/what doesn't?

- Good future direction (especially for churches) to become more relevant, inclusive local hubs
- Like “community house” concept as a good place to start and most important just start - worry about resourcing later
- How are these to be funded? E.g. neighbourhood fundraisers, apply to LB's for funding and more important do have commitment and motivation
- Orakei community centre funded by council but not very well used maybe leverage off council facilities and offer more programmes to involve locals
- Holistic health approach very inclusive and e.g. Maori tikanga, local mother languages (e.g. Pacifica language); translate comms to share and build common understanding
- Be inclusive re: language, cultures and be educational and respectful
- Build capacities to empower facilitation, discussions and information-sharing
- Definitely a need for this Kaupapa
- Traditional western top-down/big brother model does not work
- Hope in collaborative and people-led and people centered approach e.g. Kaumatua Olympics project out west 😊 e.g. deckchair initiative in Christchurch by Muslim community
- Lots of similar groups and projects doing the same mahi but are not promoted/known.
- Contributing to similar outcomes via seminars doing activities like exercises, knitting, singing, visiting older people in community/ies
- How to connect with other marginalized groups in communities?

Question 2. What do you see as the top 3 issues to be addressed in the Orakei Local Board area to promote the overall wellbeing of this community?

Selling the dream? Sharing the visions and values; promotion of the “dream” which may be diverse in diverse communities

1. Environment issues e.g. Plastics
2. Education – to facilitate dialogue
3. Equity – some of wealthiest and poorest live in Orakei, cross generational

Mental health - lots of lonely people need connection, isolation of younger and older people

Transport to access to services/programmes/spaces e.g. van

- access to services /programmes/spaces e.g. van
- inclusive participation

Question 3. What do you think about seniors taking such a pivotal role in developing the community wellbeing project?

- Fantastic! Terrific “nothing about us without us”
- Anti – ageist!
- We are at life stage where we have more to offer
- Have to identify and challenge stigma with education, exposure and engagement with diverse peoples
- Younger and older people need each other!
- Power of contact to remove discrimination of all sort
- Seniors should take core/pivotal role!

Question 4. How could you see yourselves contributing and/or participating?

- Positive participation! Find common interests e.g. music, dancing. Use social media
- Include younger people in planning. Younger/older people share their skills with others
- keen to collaborate to identify common needs of the community

Question 5. Would you be prepared to be part of a working group to take a community wellbeing project forward in the Orakei Local Board area?

- Lynne
- Anna
- Auntie Marg
- Roger

Question 6. Any further suggestions or comments?

How to handle resistance? Bring them closer and hug them 😊

Question 7. Where to from here?

- Vary meeting times to increase access/participation so it can be inclusive, maybe weekends when meetings are short?
- Meet in parks and bring tamariki 😊 e.g. Sunday at 1pm 😊 and irregularly
- Create choices

Group 3

Question 1. What do you think about the whole idea – what works/what doesn't?

- Urgently needed
- Implementation problems
- Low profile seniors
- Needed for networking between groups
- Empty churches as resource
- Project could be substitute community
- 100% behind project
- Parking problems
- Good idea but much already exist e.g. libraries as community centres

Question 2. What do you see as the top 3 issues to be addressed in the Orakei Local Board area to promote the overall wellbeing of this community?

- Loneliness (husband died, financial and sickness - don't go out and socialize)
- Education – educating about internet and practical things
- Transport and money
- Being comfortable going into a group of people that you don't know
- Committees are white: Pacific, Asian, are in need.
- Ellerslie is going well - no parking though

Question 3. What do you think about seniors taking such a pivotal role in developing the community wellbeing project?

- Important: too many children undermining parents' confidence
- Seniors: no place, no value
- You need charismatic people, balance
- We miss out on what young people can do for seniors
- Good idea for the library = writing and life skills
= rest homes
- Project for a school
- Connections are hindered by Auckland Transport

Just needs time

Question 4. How could you see yourselves contributing and/or participating?

- Beryl and David with support from Keith and Stuart
- Schools – engage the schools (Baradene is doing it)

Question 5. Would you be prepared to be part of a working group to take a community wellbeing project forward in the Orakei Local Board area?

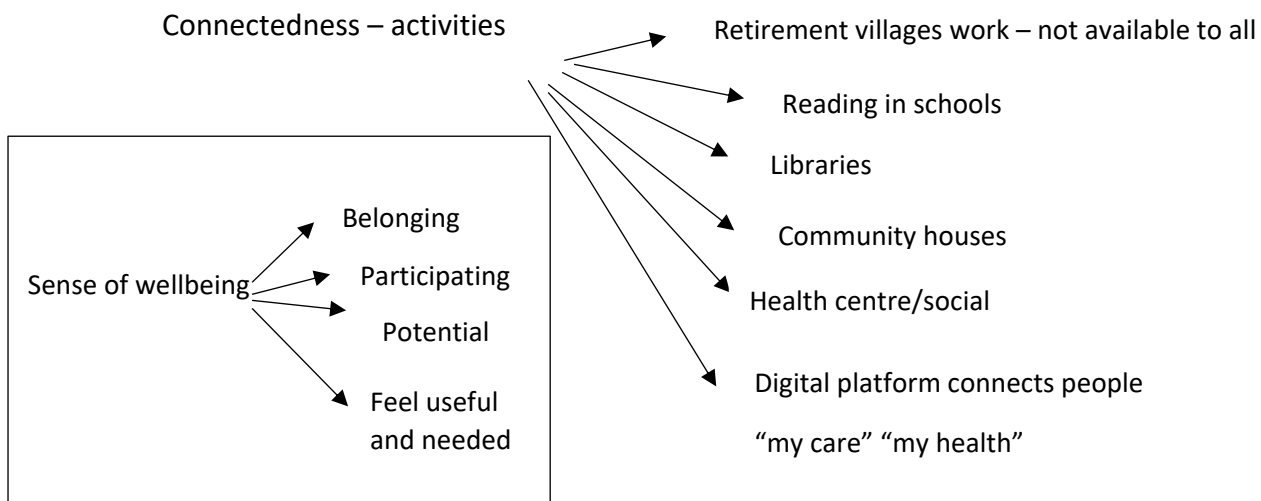
Working group – Beryl and David

Question 6. Any further suggestions or comments?

- Surveys: Survey Monkey (door to door work better)
- Vetting process? Mens shed – working with children – all members vetted

Group 4

Question 1. What do you think about the whole idea – what works/what doesn't?



Listeners

Shy housebound people – volunteers – deliver books for library

Question 2. What do you see as the top 3 issues to be addressed in the Orakei Local Board area to promote the overall wellbeing of this community?

- Transportation – loss of license
- Isolation – not only elderly, young parents at home
- Communicating with lonely people
- Enhancing environment, ease of access (nowhere to sit in malls)
- Accessibility both physical + groups
 - Online – Facebook, Neighbourly etc - those not able to access
 - Census

Question 3. What do you think about seniors taking such a pivotal role in developing the community wellbeing project?

- Wisdom and experience.” Sageism”
- Existing service clubs, e.g. Rotary = community
- Left to oldies again?
- Commitment sometimes difficult, need flexibility
- People uncomfortable in church-based centre
- Need reciprocal relationship – elderly give and take
- Community Centre/Community House
- “Blue House” kids/anyone can go for support
- Community art centres, sessions existing at Orakei community centre needs to be a range of available spaces where different people feel comfortable
- Colour-in group in library
- People need to be with each other - malls again
- Can malls create community spaces? – transport
- Objective: provide a place to go, encourage to look outwards
- Mens shed - need to do, do something for community
- Elderly men can feel useless, cost? Suicide in elderly men
- Hard to get men to participate
- Men do not necessarily have anything in common

Question 4. How could you see yourselves contributing and/or participating?

- Join Committee
- Own a dog! Breaks ice. Same with babies in prams
- Already at St Luke’s. What is next step?
- Over-committed
- Sustainability – Resource better existing centre
- Sustaining activities in retirement village
- Communicating in library. Where? How?
- Activities for children draws parents
- For any locals, go to community house

} Adding value to existing activities I do
} Engaging, listening, be involved

Question 5. Would you be prepared to be part of a working group to take a community wellbeing project forward in the Orakei Local Board area?

Yes 3 | Maybe 2

Question 6. Any further suggestions or comments?

- Keep it local
- Blue House
- Expense? Virtual house?
- Private homes identified as a 'Blue House'
- E.g. Morrisons/local businesses funding? Space?
- Bunnings? Mitre10? Rotary/Lions support local community

Question 7. Where to from here?

- Need a plan
- Positive concept, a broad all-encompassing approach to wellbeing and fulfillment