

## Tamaki Community Development Trust

<b>Legal status:</b>	Charitable Trust	<b>Activity focus:</b>	Community
<b>Conflicts of interest:</b>	None identified		

### Project: Counselling and Program Costs

<b>Location:</b>	4A Court Crescent, Panmure, Auckland 1072		
<b>Summary:</b>	<p>Counselling for women and children who have been through trauma, domestic violence and abuse, and abusive relationships. Many women still experience the impacts of abuse even when they have left the relationship. Some are badly broken and healing can take a long time. Our aim is that we provide that support to women in a safe environment and that women and children are able to heal from this trauma, believe in themselves and move on to a better place in life.</p> <p>Group programs for women and children that are part of the wrap around support that we offer to families and women to help them develop pro-social skills, self-efficacy, and self-worth.</p> <p>Our maths club aims to help children with maths.</p>		
<b>Dates:</b>	01/11/2018 - 31/10/2019	<b>Rain dates:</b>	-
<b>People delivering:</b>	5	<b>People reached:</b>	200
<b>% of participants from Local Board</b>	100%		
<b>Promotion:</b>	The work that we do is advertised on our website, our facebook page and our brochures.		

### Community benefits

#### Identified need:

We receive referrals from Oranga Tamariki and from local schools of families that are needing support. We work with for e.g. families who split up because Mum is drug dependent and Dad is now taking care of the children on his own, but he also wears an ankle bracelet and has his own issues. Counselling is part of the wrap around support that we provide for children and families who are victims of this.

In February of this year an Education Review report found that NZ children's confidence to do Maths fell between years 4 and 8 and Chief Review Officer, Nicolas Pole found that it had been dropping "alarmingly" for some time.

#### Identified community outcomes:

We want mums to have better self-esteem, improve in self-efficacy and be better mums/parents to their children. We also want to see

children attending school, doing well at it, at least enough so that they can be in gainful employment or even attain Tertiary education.

Children attending school programs are assured of a bright spot in their week - helping to combat the sadness that they may be experiencing at home. They also learn pro-social skills and skills such as cooking that will help in their future in terms of healthy and cheaper meals. Obesity among children and adults because of unhealthy consumption of food is a problem among many Maori and Pasifika communities and also financial issues. Learning to cook, practicing their maths skills with one on one help is a means of enabling children to know that there is another better way to live their lives.

**Alignment with local board priorities:**

*putting people first - People are cared for and enabled to participate, celebrate and contribute to the community*

The following needs that will be met are illustrated through our key outcomes that we have achieved:

Providing wrap around support to families that meet their needs in a holistic way, often outside the specific issue that is sited at the beginning of the referral. We provide counselling for women and children mainly, but are open to counselling men also. Marked improvements are seen in children who have behavioural issues such as a child no longer lying and stealing because she is getting attention and being listened to and given guidance.

Clear behavioural and emotional regulation changes in children that help them to stay in class longer and being taken off "daily reports" and other behavioural management lists in schools. This work includes finding what makes a child really engage and what motivates them to improve their behaviour. We have found that among other things, community activities such as cooking classes (one of our programs) really help to facilitate this change in children.

Facilitating increased stability, improved education engagement and outcomes and increased positive peer groups in children.

Working alongside mothers to address their own health issues and those of their families. Empowering mothers is a big part of the Family Workers' mahi and Counselling is a significant help to this.

We act as a translator and facilitator for families when engaging with other organisations particularly with OT through care and protection and youth justice Family Group Conferences (FGC's). This helps families to feel less threatened by the process and more readily able to engage and take ownership of the issues presenting.

We provide transport to Counselling for a lot of our women, especially those who may have a very young baby in their care and need this type of support i.e. do not have their own transport or a baby sitter.

<b>Collaborating organisation/individual</b>	<b>Role</b>
Glen Innes Family Centre	Run Parenting programs and Anger Management programs

Dunkirk Activity Centre and Dance Therapy	Provide the venue and Therapists for ART programs for children
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## Demographics

<b>Māori outcomes:</b>	<i>Māori participation - Māori priority group, target group, high representation or Māori staff delivering</i> We have 2 Maori family workers out of a total of 6 staff, but the majority of clients we work with are Maori.
<b>Accessible to people with disabilities</b>	Yes - Our counselling work is open to anyone and everyone needing counselling support or counselling therapy and includes those with disabilities who could and would benefit from counselling therapy. If a person seeks counselling support and they are unable to afford counselling elsewhere, we are able to provide them with this support, as long as there are spaces available, otherwise they will go on the waiting list and will be seen in chronological order or depending on the urgency of their situation.
<b>Target ethnic groups:</b>	All/everyone
<b>Promoting SmokeFree:</b>	We don't actively promote smoke-free messages but our promotion of healthy lifestyles is incidental to our work. None of our workers smoke.
<b>Zero waste minimisation</b>	We have just joined the Zero Waste Network of NZ. However, our normal practices is saving compost for the gardens and ensuring that we use the Council blue bins for paper products only.

Percentage of males targeted	Percentage of females targeted	All - not targeted male/female
%	%	100%

0-5 years	< 15 years	15-24 years	25-44 years	45-64 years	>65 years	All ages
%	%	%	%	%	%	100%

## Financial information

<b>Amount requested:</b>	<b>\$10000.00</b>
<b>Requesting grant for:</b>	We are requesting funding for Counselling costs, and program costs.
<b>If part funded, how would you make up the difference:</b>	We would continue with the whole project by seeking funding elsewhere. This project is part of the core services that we offer.
<b>Cost of participation:</b>	No

Total expenditure	Total income	Other grants approved	Applicant contribution
\$17,760	\$0	\$0	\$0

Expenditure item	Amount
Counselling Costs \$29*440hours	\$12,760
Program Costs-Transport	\$4,000
Program Costs - Snacks	\$500

Program Costs - Prizes	\$500
<b>Income description</b>	<b>Amount</b>
	\$

<b>Other funding sources</b>	<b>Amount</b>	<b>Current Status</b>
	\$	

<b>Donated materials</b>	<b>Amount</b>
	\$

<b>Total number volunteer hours</b>	<b>Total number specialised volunteer hours</b>	<b>Amount</b>
		\$

## Funding history

Application ID	Project title Round - Stage	Decision Allocation
<b>LG1911-212</b>	<b>Counselling and Program Costs</b> 2018/2019 Maungakiekie-Tāmaki Local Grants, Round Two - Submitted	<b>Undecided</b> \$0.00
<b>LG1811-203</b>	<b>Mentoring support for boys or boys and their Dad's.</b> 2017/2018 Maungakiekie-Tāmaki Local Grants, Round Two - Declined	<b>Declined</b> \$0.00
<b>LG1811-132</b>	<b>Paddle Boarding for the Summer.</b> 2017/2018 Maungakiekie-Tāmaki Local Grants, Round One - Project in progress	<b>Approved</b> \$1,500.00
<b>LG1711-218</b>	<b>Printer for Family Workers</b> Maungakiekie-Tāmaki Local Grants, Round Two, 2016/17 - Project in progress	<b>Approved</b> \$1,642.00
<b>QR1712-202</b>	<b>Robotics</b> 2016/2017 Ōrākei Quick Response, Round Two - Declined	<b>Declined</b> \$0.00
<b><i>Applications prior to the 2015/2016 financial year have all been accounted for and omitted from this summary</i></b>		